



## Seasons Greetings from our Board

The Danila Dilba board send all our members and the wider community best wishes for this festive season. It has been a huge year for Danila Dilba, capped off with winning a national Stan Grant Indigenous Employment award at the AHRI awards (see article page 2). Well done to all our staff on being a part of this.

This year has seen our organisation expanding, with the addition of the Rapid Creek Clinic, and extra services coming on line such as the ANFPP program for pregnant and new mums, as well as a new AOD After Care program just commencing, working with clients after leaving Rehabilitation Centres (see article page 3).

We would like to take this opportunity to thank all our clients and members for their support throughout the year. Our membership has increased greatly over the past few years and given our community a stronger voice. We look forward to next years continued growth with the support of all of you, to benefit the health and wellbeing of Aboriginal and Torres Strait Islander people in the Darwin and Palmerston area. Merry Christmas !



*Chairperson Carol Stanislaus (centre) pictured with Danila Dilba Knuckey St. Darwin clinic staff.*

## Christmas and New Year Opening Hours

Danila Dilba clinics will be **CLOSED on all public holidays** and the 21st and 29th December.

Other opening/closing hours are as follows:

**Palmerston, Rapid Creek, Malak and Darwin Clinics:**  
**OPEN** 8.00 am to 4.00 pm on:

Monday 24th December, 2018

Thursday 27th December, 2018

Friday 28th December, 2018

Monday 31st of December 2018

Wednesday 2nd January, 2019

Thursday 3rd January, 2019

Friday 4th January 2019

Men's Clinic, Gumilebyirra, Bagot Clinics:

**CLOSED** 24th December to 4th January 2019:

In the event of an **EMERGENCY** please call **000**

All clinics will re-open for business as usual from 8.00 am 7th January, 2019.

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# Key Achievements against our Strategic Plan in 2018

Over the past 12 months Danila Dilba has some great achievements towards reaching the goals in our Strategic Plan. Here are some highlight achievements in the four main Strategic Priorities in the plan over the year:

## Strategic Priority 1

### Improving health and wellbeing across the life course

- Expanded ANFPP and widwifery services to support women in pregnancy and help their babies to get a healthy start in life.
- Working with youth in Schools through Deadly Choices program and in Don Dale detention centre.
- Assisting elderly with exercise programs, Co-ordinated care management, social groups and nursing home visits.

## Strategic Priority 2

### Building organisational capacity and strength

- Danila Dilba now operates seven clinics in the Greater Darwin area.
- Danila Dilba now employs 170 staff with 50% Indigenous employment and 60% of the executive leadership team being Indigenous
- Delivering integrated health services, close to where clients live.
- Indigenous employment and career pathways plan implemented.

## Strategic Priority 3

### Strengthening partnerships and relationships

- Deadly Choices delivered 17 health education programs in Primary, Middle and High Schools throughout the Darwin and Palmerston Region, with 430 students completing the program.
- Working with other organisations to support research in Indigenous health, including Telethon Kids Institute, PATCHES, AMSANT, NACCHo, SAHMRI and Menzies School of Health Research.

## Strategic Priority 4

### Achieving continuous improvement and integration of services

- Several staff completed the NT Anti-Discrimination Committee Train the Trainer program.
- Ongoing training on internal incident reporting systems, improved staff input.
- Several staff completed Certificate IV in Work Health Safety. All clinics now have WHS representatives and fire wardens.
- Australian General Practice Accreditation (AGPAL) was achieved in all clinics this year, including Bagot Community clinic, and our new Rapid Creek Clinic.

## Danila Dilba wins AHRI Indigenous Employment Award

At the AHRI (Australian Human Resources Industry) awards in Brisbane on the 29th November 2018, Danila Dilba was successful in winning the Stan Grant Indigenous Employment Award. This is a fantastic achievement by our HR team and all our staff, especially competing against big business finalists like the Commonwealth Bank, Defence Force, Australian Government Human Services, GHD and Water Corporation.

DDHS now employs 175 people with 50% Indigenous employment and 60% of the executive leadership team being Indigenous, including all clinic managers and general managers.



*Sulal Mathai and Stephenie Reeves accepted the award.*

## AOD After Care service launched to help clients after rehabilitation.

A new service has been launched by Danila Dilba aimed at those exiting Alcohol and Other Drug (AOD) treatment services. The AOD After Care service has the goal of preventing indigenous clients from relapsing at the end of their treatment. This new program targets the social, psychological and physical dimensions of relapse in an evidence based, culturally appropriate way.

Clients can access the service themselves or can be referred by their rehabilitation program provider. The aftercare service begins with clients receiving a one on one consultation with a mental health professional who undertakes an assessment and prepares a case for the transition of their treatment. The assessment allows Danila Dilba to refer clients to both internal and external services such as counselling, health checks, housing services, employment and disability services. During the session the client will set goals to help them avoid relapse and



*AOD After care workers Keeden Steen and Theresa Patterson*

be made aware of the services they can access if they are struggling with their rehabilitation journey.

The service is designed to empower clients to keep up with their rehabilitation goals and stop them from falling back into dependence. The Aftercare Service team is integrated into the broader Deadly Choices program at Danila Dilba. The team provides evidence based, culturally appropriate services to empower indigenous Territorians to achieve better health outcomes.

## Youth Detention expert David McGuire visits Danila Dilba

Mr David McGuire, the CEO of Diagrama Foundation UK, visited Darwin from 12-16 November. The Diagrama Foundation operates youth detention facilities in Spain, Europe and the U.K. During the week, he met with local organisations, government and the media to talk about their alternative approach to youth detention.

Overseas, the Diagrama model is achieving excellent results for young people and for the community as a whole, with the rate of young people reoffending significantly lower than the rates in Spain under previous models. The recidivism rate is around 20% after three years. This compares to 75% of young people returning to detention in the NT in the next year (based on data from the AIHW 2017).

Danila Dilba believes that the Diagrama model has considerable relevance for the NT and is keen to have government and stakeholders consider it carefully.

Here's a link to a BBC documentary about a Diagrama facility which highlights the effectiveness of their model:

<http://www.diagramafoundation.org.uk/bbc-visits-diagramas-custodial-centres-spain>



*David McGuire, CEO of Diagrama Foundation UK*



# Australian Nurse and Family Partnership Program

## Our first Christmas



*Santa's helper, Tracey and Santa Claus, David handing present to little Georgia.*



*Tarlena and Santa David enjoying the day.*



*Santa's helper, Tracey and Santa Claus, David handing present to Jaydee and baby Ghearis.*



*Caitlyn and Baby Memphis enjoying the day with ANFPP Staff Kay.*



*Baby John Xavier and mum Tamara enjoying the day.*



*Baby Memphis playing with his new toy from Santa.*





*ANFPP staff Kat enjoying the day with Baby John Xavier and Mum Tamara.*



*Kathleen and Jaydee with babies, Beverly and Ghearis, enjoying the Christmas lunch.*



*Pauline and son Ryan getting into the Christmas spirit.*



*Ruby Anne and D'artagnan waiting for Santa Claus.*



*Georgina and Laelani enjoying the day.*



*Georgina and ANFPP Staff Jannaya playing with Mr Froggy.*



# Malak Clinic Community BBQ Launch of Health Care Home Service

Malak clinic held a community breakfast with the support of PHN NT to launch the Health Care Home Service at Danila Dilba. This service will help people with chronic disease to provide more flexibility and easy access to health care.

Healthcare homes will help to improve the existing care that our clients are already getting from Danila Dilba. It was great to see so many people from the community turn out on the day and thanks to all the staff who got involved.



Rhiannon Binks from PHN NT with Malak clinic manager Nathan Jones Cubillo cooking up



Theresa Patterson, Jenon Batty and Keedan Steen



Tynequa Bading with Margaret Bading and Agnala Lawrence



Bronwyn Daymirringu



Jamila Austral with Johnneene Papertchik



Maria Clarke, Judy Ahsam, Rosemary Parfit, Rhonda Jacques and Evelyn Wills



Celine Durrunga with Melissa Gaykamangu being served up by Keedan Steen



Health Care Homes Information



Leonie Melbourne from Danila Dilba with Isabella Stewart Jinaybaray signing up



# Staff Award Winners

Danila Dilba staff have been winning a number of awards recently, highlighting the huge amount of talented staff our organisation has. Below is a brief summary of some of our staff achievements:

**Andrea Roe—Danila Dilba Employee Of the Year Award** (Team leader at the Bagot Clinic). Andrea was awarded our Danila Dilba employee of the year award, for her dedicated work in Palmerston clinic as well as team leader for Bagot Community clinic and acting clinic manager for Rapid Creek clinic. She has made a significant contribution and her positive attitude makes a great atmosphere for those working with her.

**Delsey Tamiano— Hall of Fame Award** (Senior Youth Engagement Officer) Delsey is a dedicated youth worker who truly does fight and advocate to have improved outcomes for youth.. She is an inspiration to all the other staff in Community Services with her desire to achieve a better future for all youth.

**Jahmayne Coolwell—New Arrival Award.** Youth Engagement Officer) Jahmayne has shown initiative and a will to learn all aspects of the Youth Social Support Program.

**Katarina Keeler—Shining Star Award** (ANFPP Nurse Home Visitor) Katarina always gives 110% of her time when at work and she is very compassionate about her job and she treats her clients with absolute respect and honesty

**Darren Braun—New Arrival Awards** (Trainee Aboriginal Health Practitioner) Darren is a quick learner and is a sponge for retaining information and knowledge, he is willing to take on new tasks allocated to him, respectful and exceptional work ethics.

**Casey Manhire** (AHP at Palmerston clinic) Casey won the 2018 ATSIHP New Practitioner Award at the Aboriginal and Torres Strait Islander Health Practitioner (ATSIHP) Excellence Awards.

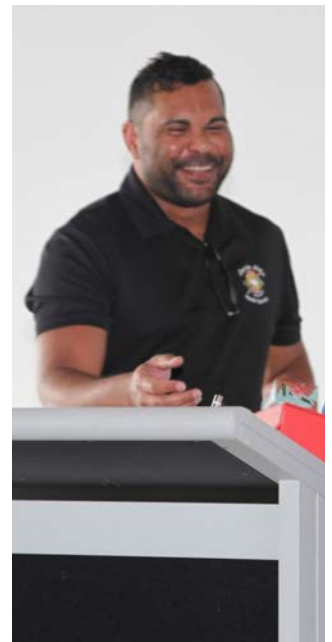
**Dr. Bekki Lee** (Palmerston GP Registrar) was awarded NT GP Registrar of the Year at the NTGPE awards.



*Andrea Roe receiving her employee of the year award.*



*Katarina Keeler received the Shining Star award.*



*Darren Braun received the New Arrival award.*



*Delsey Tamiano, received the Hall of Fame award and Jahmayne Coolwell received the New Arrival award.*



*Casey Manhire, ATSIHP New Practitioner award winner with Dr. Bekki Lee, NT GP Registrar of the year.*



## Bagot community footy

AFL footballer from Port Adelaide Steven Motlop came to Bagot Community recently and ran a football clinic with the local community there organized by Danila Dilba. Steven is a Deadly Choices ambassador for Danila Dilba.. It was great to see the local kids coming out and having a great time in the local park. The kids practiced skills before a small game of footy. Great to see this local champion coming along to give back to the community.

Check out this video from the day:

<https://youtu.be/-UvgiTM18FA>

We also produced these videos on his visit:

Tackling Indigenous Smoking Resources

<https://youtu.be/Lqu1udx6Zlo>

Health Check with Steven Motlop

<https://youtu.be/19Drc1m8x3Y>

STI SyphilisCheck

<https://youtu.be/6t4iczEwIXQ>

## Become a Danila Dilba Member

Danila Dilba aims to provide culturally-appropriate health care of the highest quality to Biluru (Aboriginal and Torres Strait Islander) peoples of the Yilli Rreung Region (greater Darwin).

If you or anyone else you know would like to become a member, visit our website to download the membership form at: <https://ddhs.org.au/resources/membership-application-form>

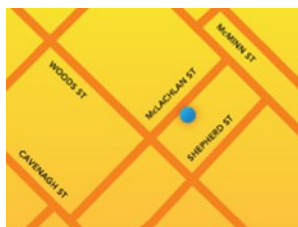
Or contact us via the details in the blue box below. Becoming a member allows you to vote on important changes as well as receive our regular newsletters mailed to you.

### Contact Us

Binyolkga Centre  
28 Knuckey St,  
Darwin NT 0800


GPO Box 2125,  
Darwin City NT 0801

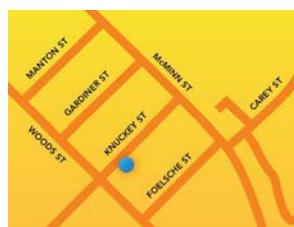
Tel: (08) 8942 5400  
Fax: (08) 8942 5451  
[info@ddhs.org.au](mailto:info@ddhs.org.au)  
[www.ddhs.org.au](http://www.ddhs.org.au)



### Men's Clinic


42 McLachlan St,  
Darwin NT 0800

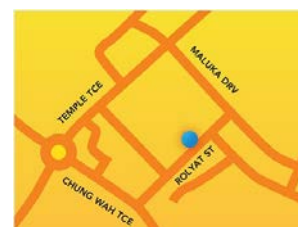
 (08) 8942 5495



### Community Services


Binyolkga Centre  
28-30 Knuckey St,  
Darwin NT 0800

 (08) 8942 5400




### Palmerston Clinic

Unit 1/7 Rolyat St,  
Palmerston NT 0831

 (08) 8931 5700


Gumilebyirra

 (08) 8931 5711



### Bagot Clinic


133 Bagot Road Ludmilla  
Bagot Community 0820

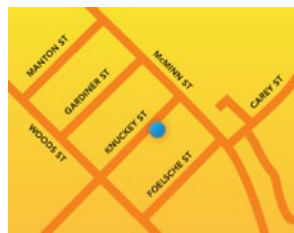
 (08) 8942 5380



### Malak Clinic


Shop 3, 1 Malak Place,  
Malak NT 0812

 (08) 8920 9500



### Darwin Clinic


32-34 Knuckey St,  
Darwin NT 0801

 (08) 8942 5444



### Rapid Creek Clinic

Shop 35, 48 Trower Rd  
Millner NT 0810

 (08) 8942 5350