

## From the Chairperson

### Carol Stanislaus

It was a privilege to be present at Parliament house in Canberra on the 22nd October to hear the Prime Minister of Australia, the Hon Scott Morrison MP, deliver the National Apology to Victims and Survivors of Institutional Child Sexual Abuse. Many people have been waiting a lot of years for this moment and it helped to give many victims and families some acknowledgement of the pain and suffering they have and still endure.

I would like to invite all Danila Dilba members to our upcoming Annual General Meeting and hope to see as many members as possible there. The details of the meeting are:

#### **Danila Dilba 2018 Annual General Meeting**

**Date:** Friday, 23 November 2018

**Time:** 5:30pm

**Venue:** Michael Long Learning and Leadership Centre  
70 Abala Rd Marrara



*Brain Long, Danila Dilba Chairperson Carol Stanislaus and Joseph Knuth place a ribbon on the memorial tree sculpture placed outside parliament house in Canberra*

Also, just a short note for all new clients coming in to our clinics to bring their Medicare Card, and Healthcare or concession card if eligible. If you are not known to Danila Dilba staff, you will need to provide proof of Aboriginality and/or documents from your previous clinic and/or community.

Please note also that not all medical services are free through Danila Dilba. To avoid any unexpected costs, please check with your doctor to see what's covered and what is not.

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*From left –  
representatives  
from NT Stolen  
Generation  
Rosetta Smith,  
Alfred Calma,  
Maxine Kunde,  
Josephine Calma  
with Carol  
Stanislaus  
outside  
Parliament House  
in Canberra*



**Danila Dilba is a community controlled organisation, which means we have a Board elected by members of the Biluru (Aboriginal and Torres Strait Islander) community in the Yilli Rreung (greater Darwin) region.**

Our Board and members are essential to guiding the services we provide to the community.

[www.ddhs.org.au](http://www.ddhs.org.au)



## Clinical Updates

### Free Meningococcal Vaccinations

Danila Dilba is giving free Meningococcal vaccinations to children and young people aged 1-19. Meningococcal disease is uncommon and can be hard to catch, but if you do get infected, it can be dangerous, especially to young children and young adults.

Meningococcal disease is a “bacteria germ”, the germ is carried in the back of the nose and throat and is spread in fine droplets during coughing and sneezing.

Usual symptoms include fever, stiff neck, severe headaches, vomiting, muscle and joint pain, drowsiness and coma. There might even be a rash.

The best way to protect yourself and your family is to get your meningococcal immunisation. We are giving free immunisations to protect children aged 1 – 19. Book an appointment at your local clinic!

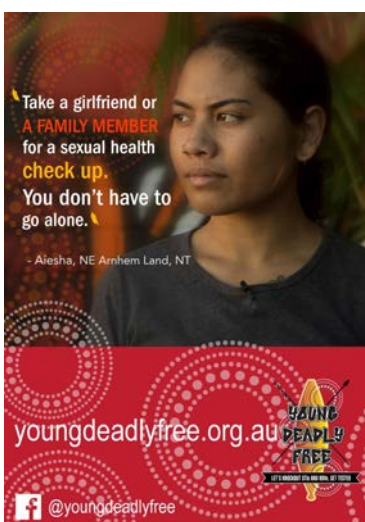


### Syphilis Outbreak update

Danila Dilba is continuing to respond to the syphilis outbreak across northern Australia. In 2013, there were cases of syphilis in the NT, but very small numbers – just four or five cases. Currently, there are over 800 cases of infectious syphilis, mostly in young Aboriginal and Torres Strait Islander people who have sex. The biggest concern in this outbreak is for unborn babies who can catch Syphilis from their mother.

In July, about 62,000 rapid test kits were rolled out across Cairns, Darwin and Townsville to give people quicker results when tested. Danila Dilba Health Service clinical director Sarah Giles said the earlier people were diagnosed, the earlier they could access treatment. “What we hope is that rapid

testing will speed up the time to treatment,” she said. “Early treatment is important to stop the disease spreading when you’re in an outbreak.” As well as testing in our clinics, we have been doing Syphilis tests out in the community with our Mobile Health Clinic. We are also producing some educational resources to help our clients understand the problem further, working also with the Young Deadly Free campaign. Below are some of the posters developed by Young Deadly Free.





## Working in the Community

### Chronic Disease Self Management Group

Every Wednesday, Danila Dilba runs an exercise group at Jingili Water Gardens for people who have a range of chronic illnesses. Membership of the group is not limited to chronic disease sufferers and others can come along if they are assessed as being physically able to take part. Physiotherapist, Phillipa Cotter assesses clients and runs the exercise program, working out what exercises suit each client and helping them to go at their own pace at the right intensity.

Phillipa points out that one of the benefits of the group is that “For a lot of people, it makes them realise their health conditions don’t have to stop them doing regular exercise.”

Danila Dilba has put together a video that gives an overview of the weekly exercise service run by the Danila Dilba Chronic Disease Self Management Group. The service plays an important role in the life of our clients for exercise and making friends. This video can be found in the Media/Videos section of our website at:

<https://ddhs.org.au/service-profiles>

Contact your local Danila Dilba clinic if you are interested in being involved with this group.



*Members of the Chronic Disease Self Management group working out.*



*Members of the Chronic Disease Self Management group with DDHS staff.*

### ANFPP Group Meeting

The Australian Nurse Family-Partnership Program (ANFPP) at Danila Dilba recently held their first group session. This was a great way for ANFPP mum’s and mum’s to be to come together for a yarn and fun activities. If you’re pregnant or know someone who is pregnant with an Aboriginal or Torres Strait Islander child, this program is for you!

Here are some things our clients are saying about the program.

”I don’t know where I would be without ANFPP and their support!”

“I need this information to be prepared for my baby”

“It’s not like a chore, its easy and feels like I’m having a yarn with yous”

Please contact any Danila Dilba clinic or call the ANFPP office on 8920 9550 to hear more about this great program.



*ANFPP clients and staff at their first group session.*



*Jodi Caroline Nagawalli and her son Neville Nagawalli-Darr with Caitlyn Munnich and her son Memphis Munnich-Woodhouse*



## Events

### Steven Motlop Visit



Steven Motlop (left) pictured with staff from Danila Dilba Rapid Creek clinic.

Port Adelaide footballer and Danila Dilba Deadly Choices Ambassador Steven Motlop dropped in to visit our clinics and Bagot community this month to engage with the community through health promotion activities. Steven also visited the Clontarf Academy at Dripstone Middle School where we deliver Deadly Choices education and offered some footy tips to the young boys there. Steven is a great role model for our community and our young people.

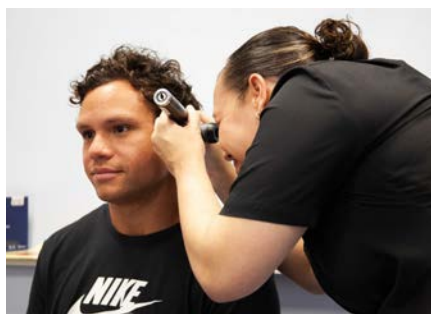
DDHS employee  
David Precoma from  
Tackling Indigenous  
Smoking with  
Steven Motlop



Steven Motlop with boys from Dripstone Middle School Clontarf Academy.



Steven Motlop with ANFPP client Renae Geer and baby Ava-Lee.



Steven Motlop getting a health check



Steven Motlop at Bagot community.



# Walk in my Shoes : Anti Poverty Week 2018

For Anti-Poverty Week on 14-20 October 2018, Danila Dilba and a group of local organisations came together to raise awareness of poverty in our community. During the week, there was a theme inviting people to “Walk in My Shoes” and think about people experiencing poverty. As part of this, shoe trees were placed at various sites for people to donate or take free shoes for those experiencing hardship. The trees were located at Danila Dilba clinics in Darwin, Malak and Palmerston, Palmerston Recreation Centre as well as The City of Darwin, Amity in Parap and Vinnies Oznam House in Stuart Park.

People often find it expensive to buy shoes and this was a small way of trying to alleviate this burden for people experiencing hardship. The

shoes distributed will also be important to help prevent the spread of Melioidosis through soil with the wet season just around the corner. The week finished up with a morning tea event on 18 October in Raintree Park, The Mall.

The event helped to raise awareness about Poverty in our community and also had free clothes, morning tea and haircuts, as well as information from local services. Thanks to all organisations involved including Danila Dilba, NTCOSS, CAAPS, Amity, BaptistCare, Foodbank, Larrakia Radio, Aboriginal Broadcasting Australia, Anglicare NT, Darwin City Council, Bunnings, CDU Hairdressers, Palmerston City Council, NT Shelter, CoolMob, Larrakia Nation, Salvation Army, Manunda Terrace Primary School and Vinnies.



Chalk artists Roxanne Voulanas and Shiloh McNaee with their artwork

Danila Dilba Staff at the Anti Poverty Week Event



Donald Lewis and David Long receive new shoes from the Darwin clinic shoe tree.



Leslie Fernando having his hair cut by CDU student Nimasha Madiwanpha



Staff members from Amity with Paul Avery, CEO of Foodbank NT

Jenon Batty from Danila Dilba with Susan King and Adrian Watters from Wilson Security, donating work pants and shoes for distribution on the day





## People Matters

### Awards

Congratulations to Maida Stewart for becoming a 2018 Churchill Fellow. The Churchill Fellowship recognises new ideas to address issues that matter in Australia right now. The aim of Maida's project is to examine healthy housing initiatives in the primary prevention of Acute Rheumatic Fever in New Zealand.

Congratulations also go to Casey Manhire, (AHP at Palmerston clinic) who won the 2018 ATSIHP New Practitioner Award at the Aboriginal and Torres Strait Islander Health Practitioner (ATSIHP) Excellence Awards. This is a fantastic achievement and well-deserved, congratulations Casey!

Danila Dilba was a finalist in the Northern Territory 2018 Training Awards for Medium Employer of the Year. Whilst we didn't win this award (this time) it is an achievement in itself for Danila Dilba to have made it this far. Thank you to education and Training officer Michael Spick, and our HR team for helping us in reaching this milestone. This gives recognition of our strong commitment to training our staff.

Danila Dilba Health Service has recently been shortlisted as a finalist, Australia wide, for the Stan Grant Indigenous Employment Award 2018 at the Australian Human Resources Institute awards. This award places Danila Dilba in the running to be recognised as Australia's best Indigenous Organisation in Human Resources and People practices! The winners of the awards will be announced in Melbourne on 29 November 2018.



*Maida Stewart, Care Co-ordinator & 2018 Churchill Fellowship winner*



*Casey Manhire, AHP*



*Danila Dilba Chairperson and staff at the NT Training Awards Gala Dinner.*



### Deputy CEO Appointment

It is with great pleasure that we can announce the appointment of Rodger Williams to the recently advertised position of Deputy CEO. Rodger recently won the position through a lengthy national recruitment campaign that attracted a lot of interest with applicants from across Australia. Rodger is an experienced Chief Executive Officer with a demonstrated history of working in the non-profit organization management industry. His most recent position was CEO at Tamworth Aboriginal Medical Service.

Rodger will commence work with us on Monday 5th November. We would like to thank Malcolm Darling, General Manager – Darwin region who has been acting in this role until Rodger's arrival.



*Rodger Williams*

# Education and Training Achievements

Danila Dilba Health Service has a powerful learning culture with the ethos of “never stop learning.” We wanted to take the time to celebrate some of our great staff who completed training qualifications recently. The training completed by our staff covers a wide range of areas and enables them to improve their service and understanding of clients’ needs. Danila Dilba has a Staff Development, Education and Learning Policy and is committed to ongoing support of staff training for our staff. This helps our staff to provide the best service possible, with all of the latest information available.

## Danila Dilba’s Youngest Board Member Graduates with a Bachelor of Laws

We also acknowledge the achievement of Danila Dilba’s youngest Board Member Mark Munnich, who graduated with his Bachelor of Laws from CDU.

Mark had a long journey to achieve his Bachelor of Laws degree, after dropping out of school in year 10. Now, after many years of juggling full time work and full time study, he was nominated as Indigenous Valedictorian of his graduating class. In his acceptance speech, he spoke of learning about:

- Resilience: The ability to withstand anything that life throws me
- Determination: My passion in wanting to succeed
- Embracing opportunities: Taking things with two hands and running with it;
- Against all the odds, overcoming adversity and picking myself up

Congratulations Mark on your achievement!



*Brian Long - Cert III in Community Services*



*Board member Mark Munnich, - Bachelor of Laws*



*Patricia Raymond—Cert IV Alcohol and Other Drugs*



*Sharni Cardona - Diploma in Practice Management*



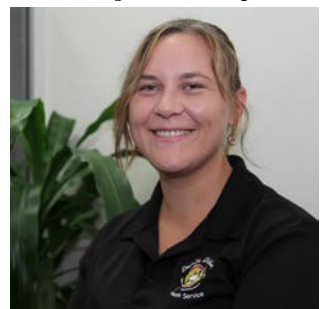
*Michaela Johnstone – Cert IV in Work, Health and Safety*



*Fran Baird - Diploma in Practice Management*



*Rebecca Bond - Diploma in Leadership and Management*



*Stephenie Reeves - Diploma in Human Resources*



## Cultural Competency development

Understanding and respect for Aboriginal and Torres Strait islander cultures determines the way we work, providing culturally safe services and building relationships with community, families and clients to improve the health and wellbeing of our clients.

Danila Dilba was successful this year in receiving a grant from Northern Territory General Practice Education (NTGPE) to design and develop a Danila Dilba Cultural Competency Framework including competency levels for staff and in house cultural training content. NTGPE will replicate the framework for cultural training and mentoring for GP Registrar training in other Aboriginal health services in the Northern Territory. The HR team has partnered with a consultant to work together in this project. As part of the consultations, focus groups were organised in August 2018, with staff and key external stakeholders attending to provide feedback and suggestions. We will share more information as we progress

on this project As one of the leaders of Aboriginal Primary Health Care in NT, DDHS will develop the project and both DDHS and NTGPE equally hold the rights to distribute and use the training materials.



## Listening and Hearing are Two Different Things Report



*Milingimbi community members at a consultation*

Throughout May and June, Danila Dilba on behalf of the Aboriginal Medical Services Alliance of the NT (AMSANT) met with people throughout the Northern Territory to talk about the Royal Commission into the Protection and Detention of Children in the NT. Workshops and community meetings were held in the NT's major population centres (Katherine, Tennant Creek, Alice Springs, Darwin), and in three remote communities in East Arnhem (Nhulunbuy, Milingimbi and Galiwin'ku). The workshops provided information to community members and service providers about the outcomes of the Royal Commission and a broad outline of proposals for legislative reform, and gathered information about community members' experience of the child protection

system and views on the proposed reforms. Serious concerns about the current system and its failure to deliver good outcomes for families and children were raised. AMSANT compiled a report – 'Listening and Hearing are Two Different Things' detailing the feedback from these workshops and making recommendations for reforms. This report can be accessed on the Danila Dilba website here:

<https://ddhs.org.au/resources/listening-and-hearing-are-two-different-things>

## Become a Danila Dilba Member

Danila Dilba aims to provide culturally-appropriate health care of the highest quality to Biluru (Aboriginal and Torres Strait Islander) peoples of the Yilli Rreung Region (greater Darwin).

If you or anyone else you know would like to become a member, visit our website to download the membership form at: <https://ddhs.org.au/resources/membership-application-form>

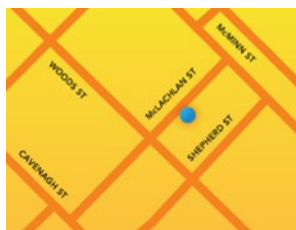
Or contact us via the details in the blue box below. Becoming a member allows you to vote on important changes as well as receive our regular newsletters mailed to you.

### Contact Us

Binyolkga Centre  
28 Knuckey St,  
Darwin NT 0800


GPO Box 2125,  
Darwin City NT 0801

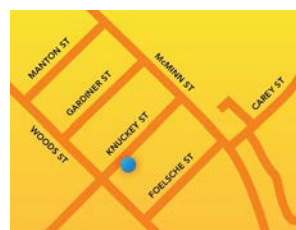
Tel: (08) 8942 5400  
Fax: (08) 8942 5451  
[info@ddhs.org.au](mailto:info@ddhs.org.au)  
[www.ddhs.org.au](http://www.ddhs.org.au)



### Men's Clinic


42 McLachlan St,  
Darwin NT 0800

 (08) 8942 5495



### Community Services


Binyolkga Centre  
28-30 Knuckey St,  
Darwin NT 0800

 (08) 8942 5400



### Palmerston Clinic


Unit 1/7 Rolyat St,  
Palmerston NT 0831

 (08) 8931 5700  
 Gumilebyirra  
 (08) 8931 5711



### Bagot Clinic


133 Bagot Road Ludmilla  
Bagot Community 0820

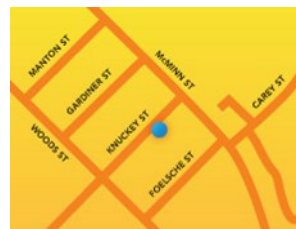
 (08) 8942 5380



### Malak Clinic


Shop 3, 1 Malak Place,  
Malak NT 0812

 (08) 8920 9500



### Darwin Clinic


32-34 Knuckey St,  
Darwin NT 0801

 (08) 8942 5444



### Rapid Creek Clinic

Shop 35, 48 Trower Rd  
Millner NT 0810

 (08) 8942 5350