

Become a member

Danila Dilba is a community controlled organisation, which means we have a Board elected by members of the Biluru (Aboriginal and Torres Strait Islander) community in the Yilli Rreung (greater Darwin) region.

Our Board and members are essential to guiding the services we provide to the community.

Please visit our website or phone us if you are an Aboriginal or Torres Strait Islander person living in the Yilli Rreung region and would like a membership form.

www.ddhs.org.au

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Message from our Chairperson

In the absence of our CEO Olga Havnen this month for a well deserved break it is great to see how our Darwin General Manager Malcolm Darling has stepped up as acting CEO and other managers have stepped up to take senior leadership roles. This has provided a great opportunity for career development for our clinic management team who are 100% Aboriginal and Torres Strait Islander. This experience will set them up well for the future and demonstrates the depth of experience we have within Danila Dilba. As well as our clinics, we continue to work in the community at community events and advocating for our people in regards to the findings from the NT Royal Commission into the protection and detention of children in the NT. In this area, we have held extensive consultations across the NT and with the support of AMSANT and Territory Families, are looking into the development of Aboriginal out of home care services and providers. Eventually, we are hoping this will put care of our children back in the hands of Aboriginal and Torres Strait Islander organisations that provide culturally appropriate services with a holistic approach. I hope you enjoy reading this newsletter and hearing about all the great things happening in Danila Dilba.



*Danila Dilba Chairperson
Carol Stanislaus.*



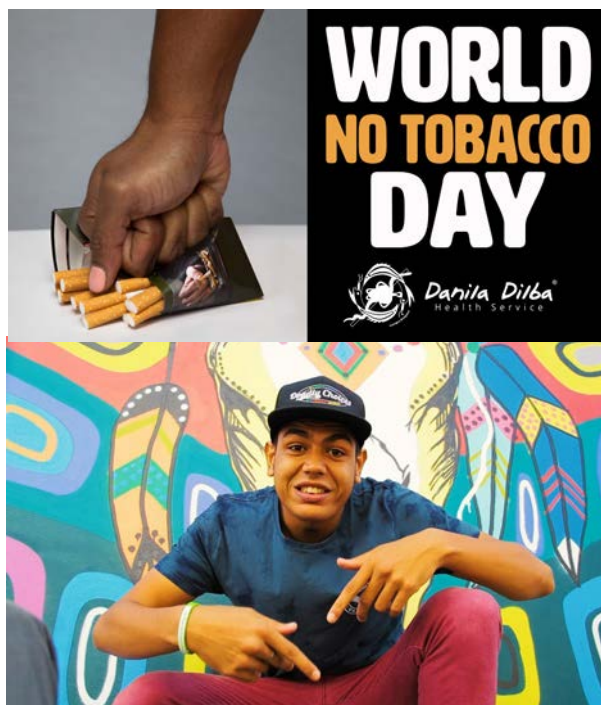
Healthy Living NT, NT Government and Danila Dilba staff at Gateway Shopping Centre, Palmerston as part of World No Tobacco Day promotions. For full Article, See page 2.

Note: Not all medical services are free through DDHS. Please ask your doctor if there are costs for tests, medicines or services.

World No Tobacco Day

During the week of World No Tobacco day on 31st May 2018, our Tackling Indigenous Smoking (TIS) team were out and about with stalls at local clinics and shopping centers every day of the week. The team had BBQ's and provided information, as well as the chance to measure the amount of Carbon Monoxide in your lungs with the Smokylizer device. They were helped out by NT Government's Alcohol and Other Drugs and Tobacco Services as well as Healthy Living NT. Larrakia TV also filmed at some of the events and helped record the music for a video clip produced by Danila Dilba with local rapper Warlu Harris, about his Quit Smoking journey. Danila Dilba also created a video with AFL footballer Steven Motlop giving some tips on Quitting Smoking. These videos can be viewed on the DDHS website here: <https://ddhs.org.au/health-promotion>

Images from the week can be found at: <https://ddhs.org.au/world-no-tobacco-day-2018>



Local Darwin Rapper Warlu Harris in a scene from his Video Clip "Make a Choice"



Danila Dilba, NT Government and Radio Larrakia staff at Palmerston Clinic.

Bagot Clinic update

At the April Board meeting a decision was made to work with the communities of Bagot, Kululuk and Minmarrara to continue to manage Bagot Clinic. The Bagot team has been working hard in preparation for an accreditation visit so that we are sure it has the same standards as all our clinics. Our thanks go to Gemina Corpus who has managed the clinic and to Dr Bronwyn Jackson for all her years of service to the Community. An internal review group, including a community member is looking at what we have learned and what we need to do next to make sure Bagot Clinic gets stronger.



Couch Surfing Event for Youth Homelessness Matters Day

Danila Dilba and Malak Re-engagement Centre (MRC) staff and students entered a couch in the annual couch surfing race held by Anglicare NT. The couch they created contained images of healthy choice messages promoted through the Deadly Choices program delivered at the MRC and other schools.

The event was held to raise awareness of National Youth Homelessness Matters Day. This year, there were a number of fantastic stalls set up on the day, inspirational speeches and music by Radio Larrakia. The NT has the highest homelessness rates in Australia by a long way, 730.7 per 100,000 compared to 48.9 per 100,000 nationally. At the moment there are 8,130 young people under 25 who are homeless in the NT. This was a deadly way to raise awareness about the issue of youth homelessness in the NT and call for action. Considering that the NT has the greatest youth homelessness problem in Australia and receives the least funding, events such as these are important to raise awareness of the issue.



Danila Dilba's couch entry, produced by Deadly Choices team with MRC students.



Danila Dilba worker David Precoma with Malak re-engagement centre staff and student.



DDHS workers Jenon Batty and Shelley Hampton



DDHS workers from Community Services and Social and Emotional Wellbeing teams.

Larrakia Nation 20th Anniversary Family Fun Day

Danila Dilba staff came out in force for the Larrakia Nation Family Fun day to celebrate their 20th Anniversary at the Jingili Water Gardens on 26 May. It was a great day with lots of cultural activities and community coming down. Congratulations to Larrakia Nation for this important milestone and thanks to all our staff who helped out on the day.

Larrakia Nation are a very important part of our Darwin community, representing the traditional owners of the Greater Darwin region. It is great to see them going from strength to strength in their 20th year of operations.

View images here:

<https://ddhs.org.au/larrakia-nation-20th-anniversary-family-fun-day>

Royal Commission Consultation Sessions



Throughout May and June Danila Dilba, on behalf of the Aboriginal Medical Services Alliance of the NT (AMSANT) have been meeting with people throughout the Northern Territory to talk about the Royal Commission into the Protection and Detention of Children in the NT. So far, we have visited Nhulunbuy, Mililingimbi, Galiwin'ku, Katherine, Tennant Creek, Alice Springs and Darwin. Some of the common feedback families had to say was that:

- Families should have more say about what happens to children
- Territory Families needs to understand local cultural ways in identifying family and authority for each child.
- Families need information and enough time prepare and consider the best thing for each child.
- There needs to be resources for families to travel to the meetings or the meetings can be held in the community.

These meetings and consultations sessions have helped us to hear what people in the community think and include this in our discussions with the NT Government. Danila Dilba and AMSANT are trying to make sure the NT Government follow what the Royal Commissioners, Mick Gooda and Margaret Whyte recommended, as well as what the community thinks, to make things better for Aboriginal children.

Mens Health Week 2018

During Men's Health Week from 11-17 June, Danila Dilba staff took part on the 15th of June with a stall at Raintree Park in Darwin. Our staff were on hand to give advice about smoking and a variety of men's health issues. The Department of Veteran Affairs provided free 'Pittstop' Mens Health Checks. It was great to see staff from our men's clinic getting on the rowing machine as role models of keeping fit and active. Remember you can book into one of our Danila Dilba clinics anytime for a Men's health check.

The biggest health problems for Aboriginal and Torres Strait Islander males are cardiovascular (heart) disease, chronic respiratory (lung) disease, diabetes, lung cancer, kidney disease, obesity and poor mental health. All of these problems are preventable with the right support and treatment.

We produced a short video with Steven Motlop from Port Adelaide football club, promoting Men's Mental health and the importance of coming in for a health check. View the video here:

<https://youtu.be/DyDdmYiQnWo>



Men's Clinic Coordinator David Adams

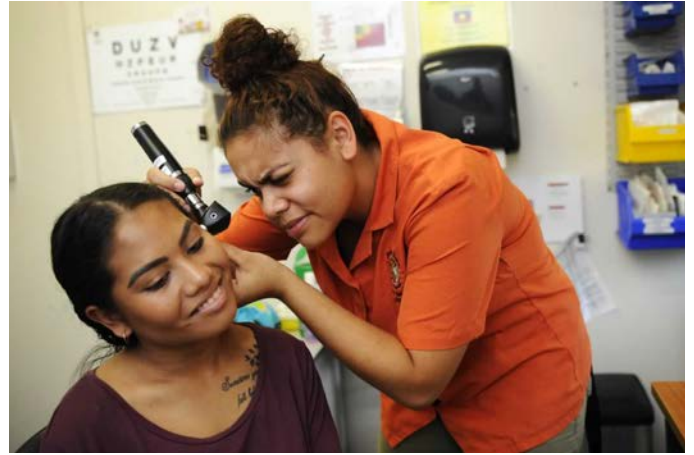


Left to right: Brian Long, Joseph Knuth, Mathews David, Joseph Fitz, David Adams and David Precoma

People Matters

Indigenous Employment and Career Pathways

Danila Dilba has an expressed commitment to recruiting, training and developing the skills and capabilities across all levels of the organisation. 60% of DDHS staff are Indigenous (excluding GP's). DDHS has been promoting managerial positions internally as part of our Indigenous staff career development program. As a result all Clinic Managers and General Managers are now Aboriginal or Torres Strait Islander, representing 60% of our Executive Leadership team. Our employment data indicates success in recruitment and retention of Indigenous staff in a diversity of roles – clinical, management, administrative, outreach and support roles. We support our staff with a formal mentoring program to help people as they progress in their career pathways.



A number of our staff have progressed through from work experience, and are being trained in different areas such as Aboriginal Health Practitioners and in our newly created Safety and Community Liaison Officer positions as featured below.



Danila Dilba Cultural Competency Framework

To ensure that DDHS services meet the needs of the community it serves, it is extremely important that staff become familiar with the Biluru people of the Yilli Rreung region, their culture, values and beliefs.

Culture is at the heart of our service and DDHS would like to recognise the cultural knowledge of our staff. We share this knowledge with all our existing and upcoming staff to ensure a culturally appropriate environment that promotes safety, trust and respect. DDHS has been successful in receiving funding for a DDHS Cultural Competency framework project. The purpose of this project is to

recognise cultural competencies and train and develop staff to sustain those competencies. The project is funded by Northern Territory General Practice Education (NTGPE) with the aim to assist Aboriginal Medical Services across the NT.



Malak Safety and Community Liaison Officer Deon Gordon

Danila Dilba Safety and Community Liaison Officers

Danila Dilba has created new Safety and Community Liaison Officer Positions within our clinics. These positions are designed to create a more welcoming atmosphere for our clinics, providing security as well as other support to the clinics. Danila Dilba have supported these staff to undertake Security officer training and they have become a key part of our clinic teams.

Signing of CAAPS / Danila Dilba Memorandum of Understanding

On the 12th of July at the Council for Aboriginal Alcohol Program Services (CAAPS), a joint event was held during NAIDOC week to celebrate the signing of a Memorandum of Understanding agreement between Danila Dilba and CAAPS. Danila Dilba have worked in a complimentary way in the Darwin community with many of the same client group of Aboriginal and Torres Strait Islander people in the greater Darwin region. CAAPS has been providing treatment for individuals and their families experiencing substance use issues for more than thirty years. Through a Memorandum of Understanding between both CAAPS and DDHS we see that the services provided by both organisations toward the care of people experiencing substance use problems can be provided through a more coordinated, comprehensive and seamless approach.



Danila Dilba acting CEO Malcolm Darling with CAAPS CEO Jill Smith

The event held at CAAPS included a Barbecue, kids activities such as face painting, a smoothie bike, and Deadly Choices sport activities. Entertainment was provided by Ali Mills, who also gave a welcome to country. The CAAPS drummers also performed as well as hip hop dancer and rapper Aaron D from Ramininging. Thanks to all who participated in the event and helped in the organisation on the day. We look forward to working together more with CAAPS in our ongoing partnership to help better address the needs of Aboriginal and Torres Strait Islander people in our region experiencing problems with substance abuse.

Response to Syphilis outbreak

DDHS has been working with Wuchopperen Health Service in Cairns, Townsville Aboriginal and Torres Strait Islander Health Services (TAIHS) in Townsville, NACCHO and with NT Centre for Disease Control. We have been planning how to halt the Syphilis Outbreak in the north of Australia. The Commonwealth government has recognised our work and phase one of the plan will start soon. Syphilis is a disease that has been around for long time and in 2017 we started to see bigger numbers in Darwin. It can affect babies if women have it when they are pregnant and can cause big problems for people if they have it for a long time. Good work by clinics all over NT has prevented any baby deaths. We want to help stamp it out by telling people about safe sex, by testing so we find it early and by treating quickly. You will hear more about the story soon



Young Deadly Syphilis Free filming with Iesha Poyner-Gambley

as we all work together to protect our community. We also helped in production of educational video resources produced by the "Young, Deadly, Syphilis Free" project.

Mobile Outreach Team

Have you seen our mobile outreach team around? Our team gets out and about with the mobile clinic each week to town communities around Darwin. They offer a vital service working with clients who don't normally come into the clinic. Drop in if you see them around and say hello to Lyall, Karly and Dr Mostafa. Our mobile team gets out every day but only take the mobile clinic van out once a week to town communities. It's great to see the interest in this service working to help our community.



Lyall Braun, Dr. Mostafa and Karly Ahfat.

NAIDOC March 2018

Danila Dilba staff came out in force for the NAIDOC march, celebrating women with this year's theme "Because of Her We Can." There are so many great women and strong role models in our organisation and it was wonderful to celebrate them for their contribution to our organisation and the wider community. Here are some photos from the day.



Football Clinic at Bagot Community

The Danila Dilba Clinic at Bagot Community joined with Melbourne Football Club (MFC) and Indigenous Eye Health Unit (IEHU) at The University of Melbourne to provide a football clinic at the Bagot community. MFC players were welcomed by Traditional Owners and community leaders and then provided a football clinic for young community members along with a health message around "Deadly Choices" in eating, physical activity and smoking. IEHU's mascot, Milpa the Goanna also attended and helped spread messages around eye health. Check out these pics !



Orange Sky starts in Darwin

Orange sky provides a mobile shower and laundry facility for homeless people and are currently operating across the country. This month they launched in Darwin and have appeared outside Darwin clinics to support the shower and breakfast service Danila Dilba already offer. It is great to have this important service come to town to give access to shower and laundry services for people in need and we look forward to working together with them.



Deputy CEO Recruitment Campaign

Danila Dilba is seeking a new deputy CEO to support our CEO in a strategic way. This is an identified position for an Aboriginal and Torres Strait Islander person who will build our capability as an organisation. DDHS started the Deputy CEO recruitment in April 2018 and advertised the position Australia wide through different print and digital media platforms. The panel interviewed 3 candidates and decided to re-advertise the position to attract more quality candidates for the position. The selection panel has decided not to make an appointment at this time, but has appointed an external executive recruitment firm for the recruitment campaign. The campaign advertised using various print and digital media across Australia in June and July and we are currently progressing on the selection process.

Become a Danila Dilba Member

Danila Dilba aims to provide culturally-appropriate health care of the highest quality to Biluru (Aboriginal and Torres Strait Islander) peoples of the Yilli Rreung Region (greater Darwin).

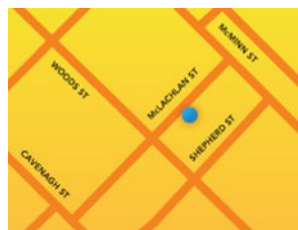
If you or anyone else you know would like to become a member, Visit our website to download the membership form at: <https://ddhs.org.au/resources/membership-application-form>
Or contact us via the details in the blue box below. Becoming a member allows you to vote on important changes as well as receive our regular newsletters mailed to you.

Contact Us

Binyolkga Centre
28 Knuckey St,
Darwin NT 0800


GPO Box 2125,
Darwin City NT 0801

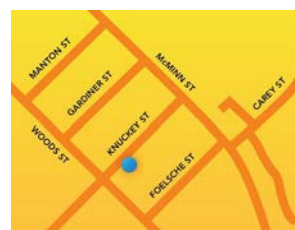
Tel: (08) 8942 5400
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Men's Clinic

42 McLachlan St,
Darwin NT 0800

 (08) 8942 5495



Community Services

Binyolkga Centre
28-30 Knuckey St,
Darwin NT 0800
 (08) 8942 5400




Palmerston Clinic

Unit 1/7 Rolyat St,
Palmerston NT 0831
 (08) 8931 5700
 Gumilebyirra
 (08) 8931 5711



Bagot Clinic


133 Bagot Road Ludmilla
Bagot Community 0820

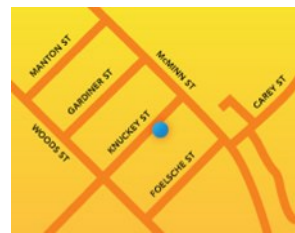
 (08) 8948 3166



Malak Clinic


Shop 3, 1 Malak Place,
Malak NT 0812

 (08) 8920 9500



Darwin Clinic


32-34 Knuckey St,
Darwin NT 0801

 (08) 8942 5444



Rapid Creek Clinic

Shop 35, 48 Trower Rd
Millner NT 0810

 (08) 8942 5350