



Easter closures

Please note that due to a major IT project, Danila Dilba **clinics will be closed from 3pm on Thursday 13 April** and not open again until after the Easter public holidays on Tuesday 18 April. After hours and Saturday clinics will not be available. Apologies for any inconvenience.

Palmerston changes

Our Palmerston clinics have swapped locations to help meet growing demand there. The former Family Centre, with the entrance in the forecourt, is now the general practice **Health Clinic (Tel: 8931 5700)**. The former Health Clinic off the walkway near Temple Terrace is now **Gumileybirra (Tel: 8931 5711)**, which focuses on maternal health.

New clinics & services

Danila Dilba will be greatly increasing the services it offers the community over the next 12-18 months.

New clinics are due to open at Rapid Creek and Coolalinga early next year, with plans being considered for others at Tiwi and Palmerston.

This follows the success of our new Malak clinic, which has delivered more than 7,200 episodes of care to some 1,650 clients since it opened in June last year.

Following the success of an evening clinic trial at Palmerston, we will be extending hours on weekdays and Saturdays at suburban clinics.

Our Social and Emotional Wellbeing Service is due to be expanded soon with four new mental health/ alcohol and other workers, a healing project worker and several child health workers.



Danila Dilba Chair Braiden Abala said the increased services are “part of the Board’s vision to facilitate a better health service that is delivered closer to home.”

“The creation of local services will also ensure that Danila Dilba’s staff get to know their clients better, which will lead to better health care.”

Later this year, Danila Dilba is due to start a pilot of the Australian Nurse Family Partnership.

It’s a nurse-led home visiting service that supports women pregnant with an Aboriginal and/or Torres Strait Islander child to improve their own health and the health of their baby.

Danila Dilba is also looking at the Health Care Homes service, with tailored care plans developed in partnership with clients with multiple chronic diseases and their families.

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Staff satisfaction survey

Danila Dilba's fourth staff satisfaction survey completed in February, again showed good results in key areas.

Highlights include:

- 92% of respondents agreeing or strongly agreeing that Danila Dilba has an outstanding future
- 80% not thinking of leaving Danila Dilba at all
- 87% would recommend working at Danila Dilba
- 96% proud to work at Danila Dilba.

We are getting better participation in the survey each year, with some 84% of staff completing the survey this year – up from 62% in the first survey in 2013.

Danila Dilba has been focussed on improving staff training opportunities, is investing in developing our Aboriginal Health Practitioners and building career pathways through bridging positions that enable junior staff to advance in the organisation.

We also support the training and development of GPs, with the hope they will continue to work in Aboriginal health and especially stay on at Danila Dilba.

Nine students were placed with us in 2015/16 and we were delighted to offer three of them positions with us.

We were particularly proud to host several locally-based Indigenous students who we hope will become part of our future work force.

What our staff think...



Tiana McCoy: Tiana became an Aboriginal Health Practitioner in October 2013 while completing a traineeship at Danila Dilba. She worked in the maternal health program then entered a formal mentoring agreement with her manager to undertake Diploma of Practice Management. Tiana then became a Clinic Team Leader at the Palmerston Health Centre and is now the Acting General Manager, Palmerston. "I got to where I'm at quicker than expected and while I put in the hard yards, I couldn't have done it without the support I received from the organisation. I'm very grateful to the organisation for the support I've had and continue to get."



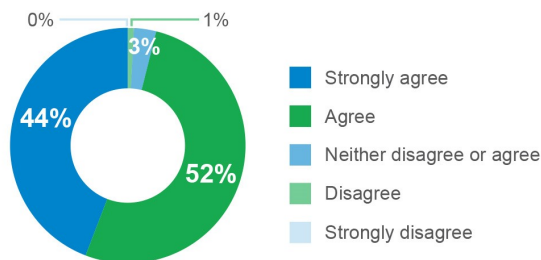
Brian "Bruno" Long: Bruno was a firefighter for 27 years at the Aviation Fire Service. He became a driver with Danila Dilba's transport service in May 2016, and then in September joined the Alcohol and Other Drugs team as a Community Support Worker. He said there's "a lot of good roles, especially for Indigenous youth at Danila Dilba. They can start their careers here with a lot of roles to transfer into once you get in. It's a growing and well run organisation, especially at the top."



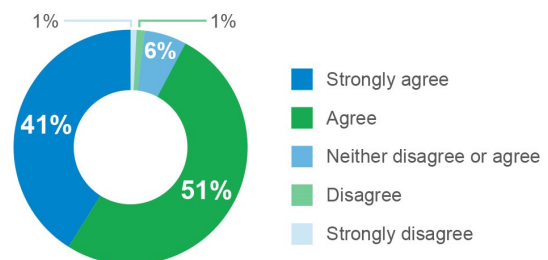
Shay Wilson: Shay started with Danila Dilba in October 2016 in a temporary HR role and in March became our HR and Payroll Officer. Shay came from Karratha in WA where she was working in HR for the local Aboriginal health service. She said "it's encouraged for people to move into new roles frequently. I haven't seen in other organisations where Aboriginal staff are given the opportunity to regularly move into other and more senior roles. I enjoy working here because it's very professional in its conduct and the services it provides. It's less siloed than other places I've seen."

Staff survey highlights

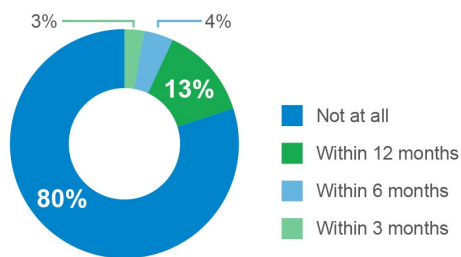
Proud to work at DDHS



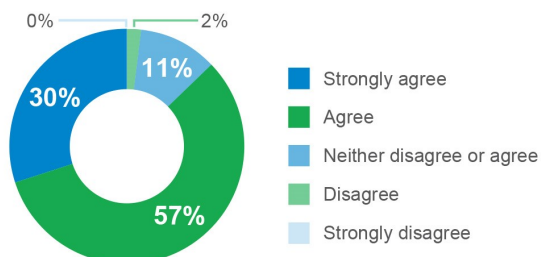
DDHS has an outstanding future



Thinking of leaving



Would recommend working at DDHS



Doctor Iyngaran's Health Tip

Sexual health is an important part of overall health, but it's often something people are shame to talk about.

It is important to talk about sexual health as sexually transmitted infections (STIs) like Gonorrhoea, Chlamydia, Syphilis and Hepatitis B are much more common for Aboriginal and Torres Strait Island people.

There has been an outbreak of Syphilis over the last four years that has mainly affected Indigenous people in northern Australia.

This is a treatable infection that if not treated can cause serious long-term damage to your heart and brain.

Syphilis is particularly dangerous if pregnant women catch it as it can cause serious deformities or death of the baby.

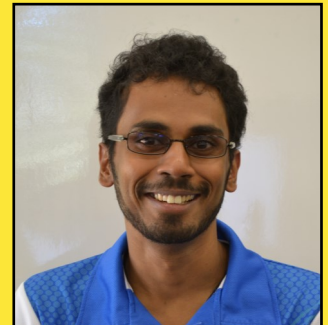
The commonest STIs like Gonorrhoea and Chlamydia are also treatable, but if left untreated can cause severe infections, leading to chronic pain and even make it harder for women to get pregnant.

The clinical staff at Danila Dilba, which include Aboriginal Health Practitioners, nurses and doctors are all comfortable talking about your sexual health.

We will always deal with these things in a confidential and culturally sensitive way, and you can talk with a clinician of the same gender if you'd like.

We offer an STI check when you have your health checks and you can come in for an appointment any-time if you have concerning symptoms or are worried about your risk of having a STI.

Using condoms is the only way to protect against STIs and you can speak to our clinic staff about getting condoms for free at any time.



*Doctor Iyngaran
Selvaratnam, DDHS
Senior Medical Officer.*

Care coordination changes

As part of our move to integrated care at all clinics, our care coordination service for chronic disease clients will now be clinic based rather than program based.

This means that the service will be available at our Knuckey St, Palmerston and Malak clinics. Previously, this service was only available through our Knuckey St Clinic.

It will also be available at our Men's Clinic when space allows, as well as be available at our new clinics at Rapid Creek and Coolalinga when they open.

This is part of our efforts to make services available to our clients at their nearest clinics, rather than have services operated out of only one clinic.

Our child health and transport services have also been integrated across clinics, including our new Malak Clinic.

Palmerston changes

Please note that our Palmerston clinics have changed location: the former Family Centre is now the general practice Health Clinic and the former Health Clinic is now Gumileybirra.



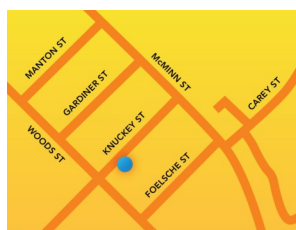
Contact Us

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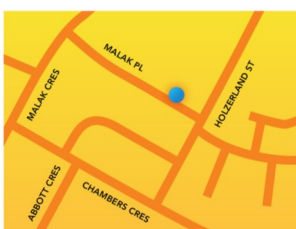
www.daniladilba.org.au



Community Programs


Enterprise House
28-30 Knuckey St,
Darwin NT 0800

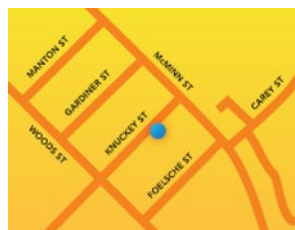
 (08) 8942 5400



Malak Clinic


Shop 3, 1 Malak Place,
Malak NT 0812

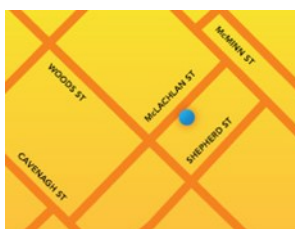
 (08) 8920 9500



Knuckey St Clinic


32-34 Knuckey St,
Darwin NT 0801

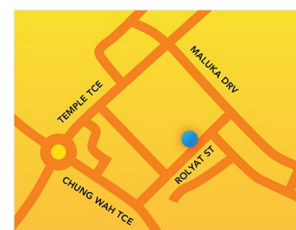
 (08) 8942 5444



Men's Clinic


42 McLachlan St,
Darwin NT 0800


 (08) 8942 5495



Palmerston Health Centre

Unit 1/7 Rolyat St,
Palmerston NT 0831

 Health Clinic
(08) 8931 5700

 Gumileybirra
(08) 8931 5711