



## Holiday closures

Danila Dilba Health Service wishes its members and clients season's greetings.

Please be advised our clinics will be closed on the following public holidays:

- Christmas Day
- Boxing Day
- New Year's Day

If you need medical help outside of those hours, please phone **Royal Darwin Hospital on 8922 8888**. If you have a medical emergency, please phone **000**.

## Become a member

Danila Dilba is a community controlled Aboriginal health organisation with a Board elected by members. You can join your health service by asking for a membership application form at a clinic, or getting one from our website.

## Inside

Improving our clients' health: start of life, child health, health checks	2
Performance comparison	3
Chronic disease	4

## 2016 community report card

**Danila Dilba is working to improve telling people about the work we do. As part of this, we have prepared this report card for the 2015–2016 financial year. For more information, please see the full 2015–2016 annual report on our website: [daniladilba.org.au](http://daniladilba.org.au).**

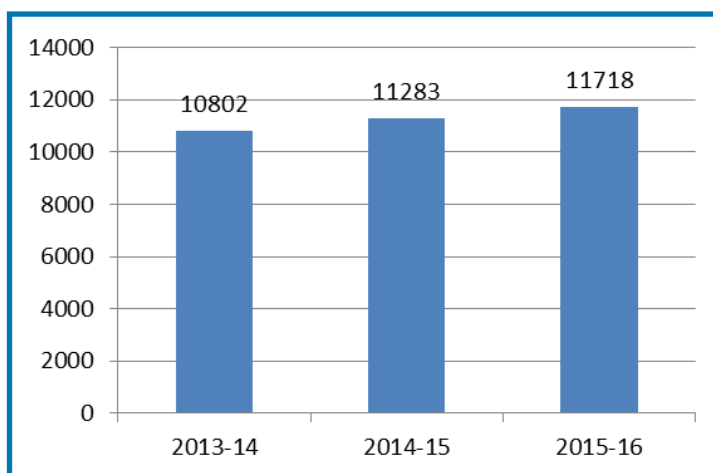


**We're helping more people...**

### Total clients

This table shows the total number of people who were clients of Danila Dilba in 2015–2016. It gives a breakdown by home locality of all unique clients who have visited Danila Dilba at least once in the past two years.

Residency	Numbers	%
Darwin – CBD and surrounds	922	8%
Northern suburbs – Coconut Grove and surrounds	1,646	14%
North-eastern suburbs – Malak and surrounds	1,557	13%
Fannie Bay to Berrimah	1,718	15%
Palmerston and surrounds	3,753	32%
Rural areas	535	5%
Rest of NT (outside of service area)	1,342	11%
Outside of NT (outside of service area)	245	2%
<b>Total</b>	<b>11,718</b>	

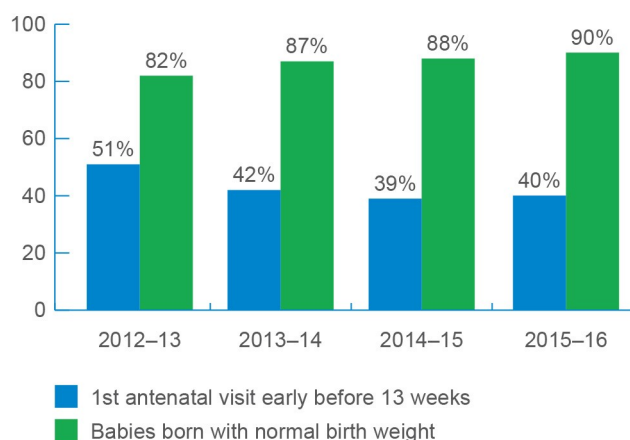




**We're improving our clients' health...**

## Start of life

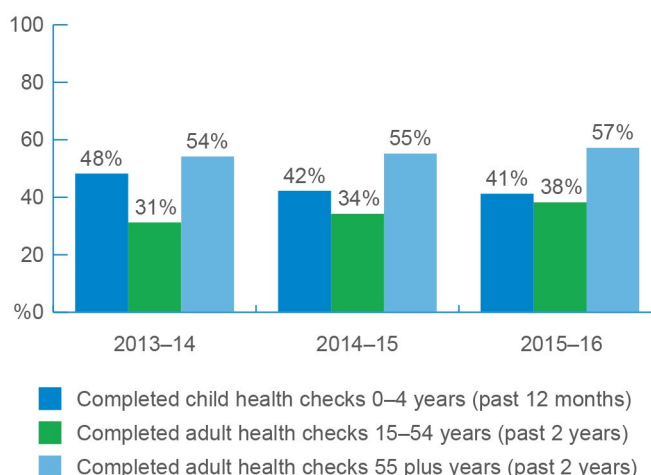
Women who are seen early in their pregnancy (before 13 weeks) are able to better prepare for the birth both physically and emotionally. A normal birth weight is between 2,500 and 3,500gms. Having a good birth weight is an important start in life.



## Health checks

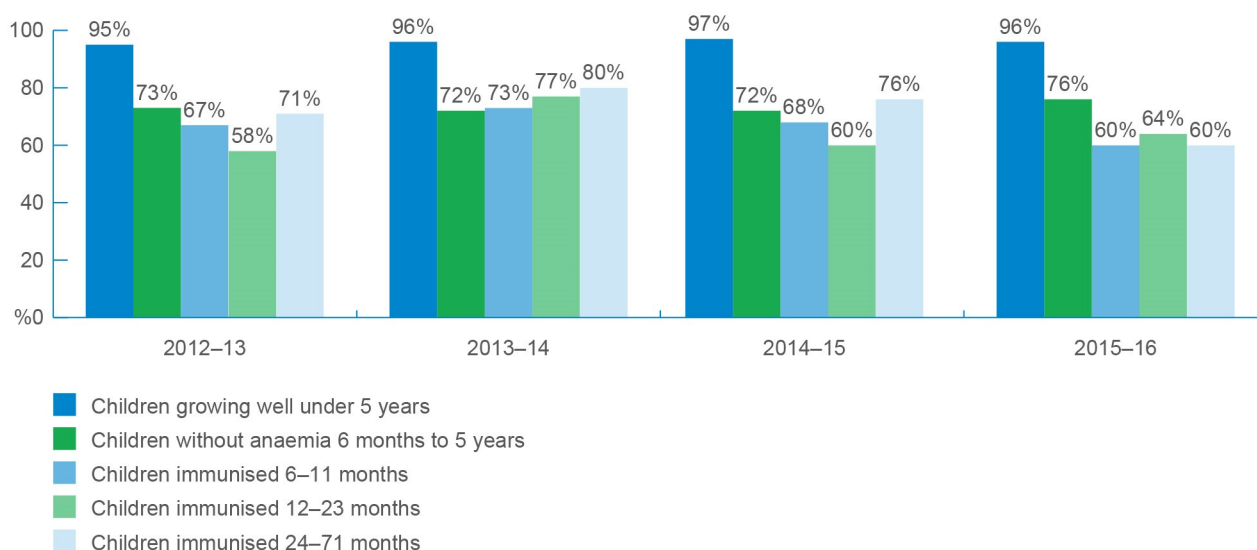
Danila Dilba Health Service is focusing on completing health checks. A full checkup can help detect conditions early such as diabetes and high blood pressure.

The number of Danila Dilba clients with a completed adult health check continues to grow. Completed health checks reached 38% for the 15-54 year age group and 57% for the 55+ age group over the past financial year. A full checkup for children includes looking at developmental stages and helping parents and carers with information to help in the early years.



## Child health

This table shows key indicators for children who are being seen at Danila Dilba. The majority of children under five years are growing well.

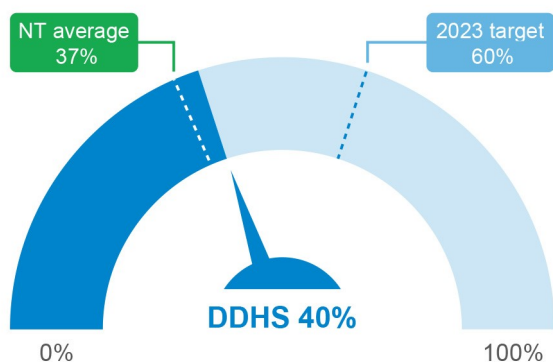


## 2016 community report card

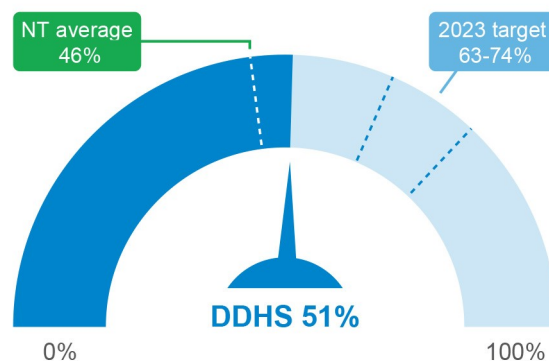
### Performance comparison

In 2015, the Australian Government released the Implementation Plan for the National Aboriginal and Torres Strait Islander Health Plan 2013–2023. The plan set targets for improved health outcomes by 2023. Our data compares well with the Northern Territory average and national targets set for 2023. We aim to improve on this and to exceed the national targets by 2023. The data represents the percentage of regular clients who used our services at least three times in the last two years.

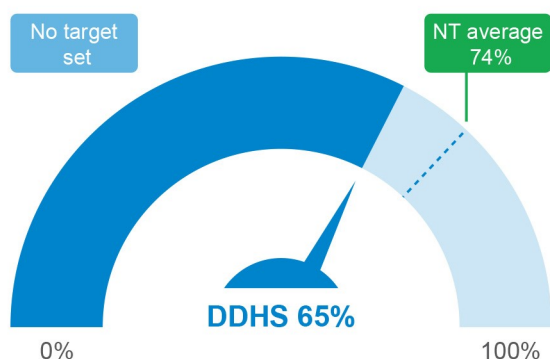
#### Antenatal visit before 13 weeks



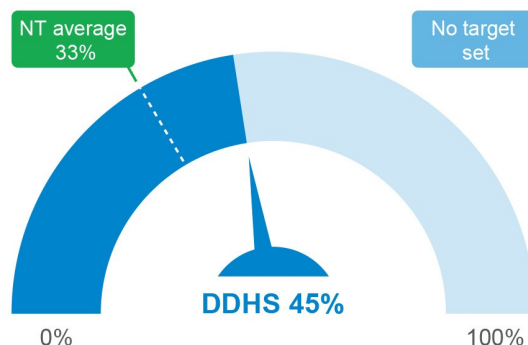
#### Health check 25 and over



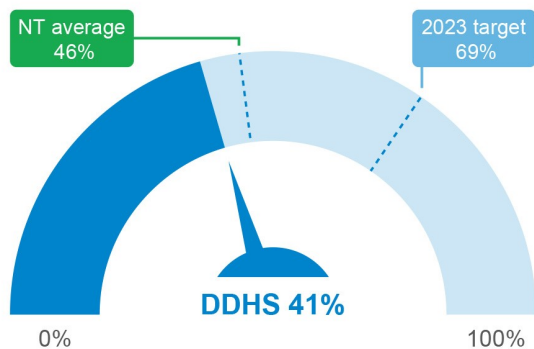
#### Birth weight recorded



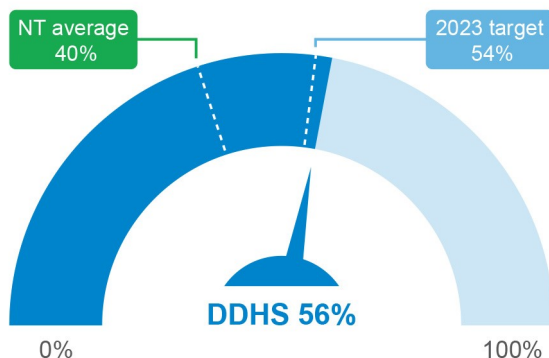
#### HbA1C\* result <7% last 6 months



#### Health check 0–4



#### Current smoker



\* The HbA1c test is a test that measures what blood glucose control has been for a client with diabetes over a 3-month period.

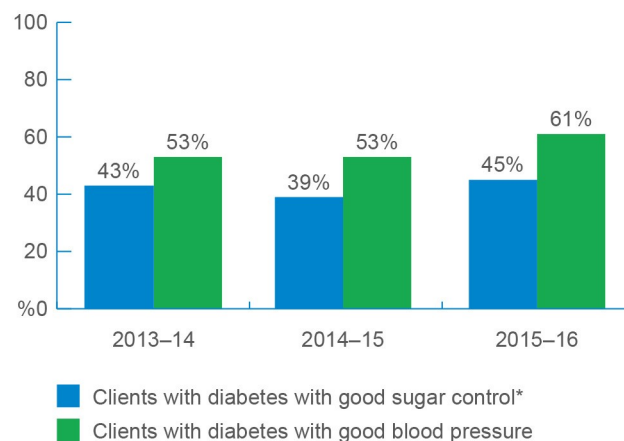
## Chronic disease clients

This table shows the percentage of Danila Dilba clients with chronic conditions as a percentage of regular clients over 15 years of age – regular clients have used our services at least twice in the last three years. About 30% of those clients have at least one condition. The percentage is unchanged since last year.

	%	Number
Percentage of client population 15 years plus with cardiovascular disease	10%	508
Percentage of client population 15 years plus with diabetes	22%	1,086
Percentage of client population 15 years plus with kidney disease	17%	811
<b>Total regular clients over 15 years of age</b>		<b>4,881</b>

## Diabetes

This table shows two measures that tells us how well clients with diabetes are. There has been an improvement in the percentage with well controlled diabetes and with controlled blood pressure.



\* The HbA1c test is a test that measures what blood glucose control has been for a client with diabetes over a 3-month period. Good sugar control is when the HbA1c level is below 7%. Having a poorly controlled HbA1c above 7% can lead to early kidney disease, foot ulcers and eye problems.

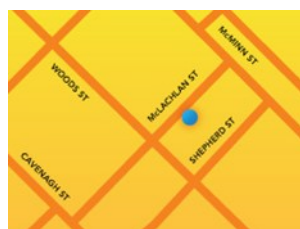
## Contact Us

28 Knuckey St,  
Darwin NT 0800

GPO Box 2125,  
Darwin City NT 0801

Tel: (08) 8942 5400  
Fax: (08) 8981 7567  
info@daniladilba.org.au

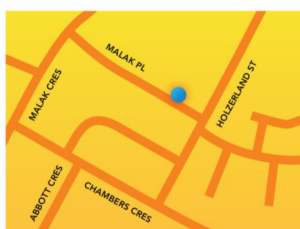
www.daniladilba.org.au



### Men's Clinic

42 McLachlan St,  
Darwin NT 0800

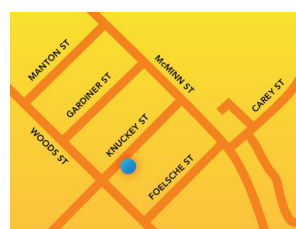
(08) 8942 5495



### Malak Clinic

Shop 3, 1 Malak Place,  
Malak NT 0812

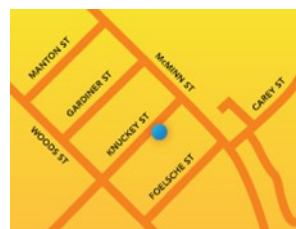
(08) 8920 9500



### Community Programs

Enterprise House  
28-30 Knuckey St,  
Darwin NT 0800

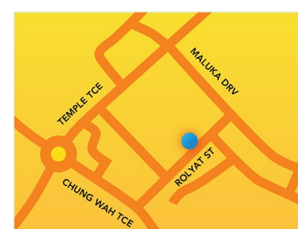
(08) 8942 5400



### Knuckey St Clinic

32-34 Knuckey St,  
Darwin NT 0801

(08) 8942 5444



### Palmerston Health Centre

Unit 1/7 Rolyat St,  
Palmerston NT 0831

Health Clinic  
(08) 8931 5711

Family Centre  
(08) 8931 5700